**Lesson 1**

**Can I Know the Truth About Moral Hurt?**

1. How do we define truth?
   1. It is the absence of \_\_\_\_\_\_\_\_\_\_\_\_\_.
   2. It must be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
   3. It must be \_\_\_\_\_\_\_\_\_\_\_\_\_\_.
   4. It must be \_\_\_\_\_\_\_\_\_\_\_\_\_\_.
   5. It must be \_\_\_\_\_\_\_\_\_\_\_\_\_\_.

**A matter of seeking the truth**

If you do not love the truth, then…

You will not seek for the truth.

If you do not seek for the truth…

You will not find the truth.

If you do not find the truth…

You will not know the truth.

If you do not know the truth,

Then you might live your life with a lie –

When you die, then what?

**John 17:17 “Thy Word is truth!”**

1. Truth must be the basis of what we believe; our \_\_\_\_\_\_\_\_\_\_\_.
   1. Why is truth necessary for what we believe and should be the foundation for our decision making? In medical decisions; in developing relationships; in spiritual matters; etc.
   2. Everyone has faith in something or someone.
   3. ***Faith:***the assent of the mind to the truth of what is declared by another, resting on his authority and veracity, without other evidence.
      1. *the assent of the mind* = **“to agree”**
      2. *to the truth of what is declared by another* = **“that a statement is true”**
      3. *resting on his authority and veracity* = **“based on your reason”**
      4. *without other evidence* = **“without direct experience of the senses”**
   4. ***Faith:****to agree that a statement is true, based on your reason, without direct experience of the senses.*
      1. Illustrate with a chair, etc.
   5. **“Faith” isn’t a religious word** and **“faith” isn’t the opposite of “reason”** and **“faith” isn’t incompatible with science”**.
   6. **What is the object of your faith?**
2. **Why do we believe there is a God?**
   1. **Rom. 1:20{NT pg. 217}; 2:14-15{NT pg. 218-219} – It is within our \_\_\_\_\_\_\_\_\_\_\_.**
   2. **Ps. 19:1{OT pg. 748} – by the design of \_\_\_\_\_\_\_\_\_\_\_\_\_\_.**
   3. **Hebr. 11:1, 6{NT pg. 317} – by faith with evidences.**

* Thought – Since God is such a Holy, loving, caring and kind God; why didn’t He create a perfect place w/o war, death, hate, and disease (etc.)? He did – but gave Adam and Eve a free will to choose to obey or not obey.

1. What is the truth about moral injury?
   1. What you believe about moral injury will determine what you will do with it!
      1. What if you believe it doesn’t exist, when it truthfully does?
      2. What if you believe it is permanent, when the truth is it can be healed?
   2. Moral injury is a wound of a person’s \_\_\_\_\_\_\_\_\_\_.
      1. God’s Word describes a person as a three part being – Body, soul, & spirit.
      2. Soul = Emotions, \_\_\_\_\_\_\_\_, conscience and \_\_\_\_\_\_\_\_.

* **“Body” – you can see, x-ray, lab test, etc. physical wounds.**
* **None of these work in diagnosing true moral injury even though moral injury will impact you physically.**
  1. Moral injury happens when actions (ours or others) have \_\_\_\_\_\_\_\_\_\_\_\_\_ our conscience and thereby impacting our emotions and our mind and ultimately influencing our decisions.
     1. We were created by God with a moral conscience (Rom. 2:14-15 {NT pg. 218}).
     2. Moral injury, PTSD, etc. are a diagnoses and do not have to be a permanent, incurable wound.
  2. God’s Word provides \_\_\_\_\_\_\_\_\_ through real answers! {NT pg. 233}

**Romans 15:4 “For whatsoever things were written aforetime were written for our learning, that we through patience and comfort of the scriptures might have hope.”**

**Romans 15:13 “Now the God of hope fill you with all joy and peace in believing, that ye may abound in hope, through the power of the Holy Ghost.”**

As we continue this series you will learn how to deal with this violation of your conscience; how to deal with the emotions of anger and bitterness, how to deal with a violated thought life. There truly is hope and answers.